



## Rockland County

### Alzheimer's Disease Services

The following information is provided as a courtesy by the Rockland County Government Alzheimer's Task Force and only lists services that are partially or fully funded by Rockland County.

#### Information, Counseling and Referral -

**Rockland County Office for the Aging Senior Care Helpline** provides telephone assistance, referral and follow-up to help seniors and caregivers evaluate their needs and to locate needed services. **Call 364-3444.**

**Alzheimer's Association Services** in Rockland are partially funded through a contract with the Office for the Aging. Free services include:

- **Alzheimer's Disease Telephone help line** – provides info. and assistance.
- **Alzheimer's Support Groups** – day and evening, English and Spanish speaking for caregivers and for those with early Alzheimer's diagnosis.
- **Caregiver Support** – assessment of patient and caregiver needs and home safety. Recommendations provided.
- **Programs** relative to Alzheimer's Disease education and information.

**Call the Alzheimer's Association New City office at 639-6776.**

**Memory Education and Research Initiative (MERI)** – The Geriatric Psychiatry Program of the **Nathan S. Kline Institute for Psychiatric Research**, in collaboration with Rockland County, has established a **Memory Education and Research Initiative (MERI)** program to provide free evaluations to individuals experiencing memory changes, however mild. For more information, please **contact Nunzio Pomara, MD at 398-5582, 398-5578 or 398-6533.**

**Office for the Aging Health Insurance Information and Counseling Program (HIICAP)** helps older individuals and their caregivers navigate long-term care insurance, Medicare, Medigap and HMOs. **Call HIICAP with your questions or to schedule an appointment - 364-2733.**

**Protective Services for Adults (PSA)** 18 and over, who lack responsible assistance and who have a disability or incapacity that places them at risk of harm. Services are provided without regard to income. **Call Department of Social Services Information and Referral at 364-3410 to make referrals for PSA.**

**Rockland County Department of Mental Health Comprehensive Assessment and Evaluation** includes inpatient and outpatient treatment for individuals experiencing symptoms of depression, other emotional problems or stresses. **Call Assessment Center at 364-2150, Monday – Thursday, 9 AM to 9 PM and Friday, 9 AM to 6 PM. In an emergency, call the Crisis Service at 364-2200. Open 24 hours 7 days a week.**

## Services for those Living at Home -

**Office for the Aging Home Delivered Meal Programs** provide hot lunches and cold dinners for regular and special diets to Rockland residents who are shut in due to illness or physical handicaps. Recipients must be at least 60 years old. Several payment plans exist ranging from donation only to \$9.00 per day. **Call Meals on Wheels at 624-6325 or Northern Metropolitan** (Glatt Kosher only) **at 352-9000 ext. 219.**

**Expanded In-Home Services for the Elderly Program (EISEP)** provides in-home, non-medical, non-custodial, non-Medicaid services for those 60 and older who need assistance in activities of daily living. Cost-sharing from zero to 100% is based on income. **Call the EISEP Unit at the Office for the Aging at 364-2120.**

**Consumer Driven Personal Assistance Program (CDPAP)** provides Medicaid-funded home care assistants who are hired, trained, scheduled and supervised by the consumer. In the case of Alzheimer's, a responsible adult must be involved to direct the Personal Assistant. An in-home assessment is required to determine the appropriateness for the program, type and amount of service. CDPAP requires approval by the DSS Medical Home Care Coordinator. **Call 364-3557.**

**Personal Care (PCA) and Long Term Home Health (LTHHC) Services** are Medicaid-funded home care programs. A Personal Care Aide provides assistance for nutritional, environmental support and personal care functions. Services are available to Medicaid recipients only. An in-home assessment is required to determine the type and level of care required. **Call 364-3053.**

**Adult Social Model Day Care** provides support, therapeutic activities and respite for cognitively impaired elderly adults. Operates weekdays between 9:30 AM and 3:30 PM. Lunch and transportation are provided. Located on West Nyack Road in Nanuet. Services are provided by Meals on Wheels Programs and Services of Rockland, Inc. under contract with the Office for the Aging. Nine slots are reserved for a free six-month introductory period. Additional slots are available on a sliding-scale-basis. **Call Meals on Wheels at 624-6325.**

**Week-Long Respite Programs** provide a free seven-day stay for older Rockland residents at licensed, secure adult homes to allow caregivers a reprieve. Private rooms, meals and personal assistance are provided. Programs are available for early to moderate levels of dementia and non-Alzheimer's seniors. An in-home assessment is needed to determine functional eligibility. **Call the Senior Care Helpline at the Office for the Aging - 364-3444.**

**TRIPS** is a Rockland County curb-to-curb bus service for older adults and people with disabilities available with 2-day advance reservation. Those unable to travel alone must have a companion who may ride free. **Call 364-8747.**

**Medical Transportation Services** are available for a Medicaid recipient to obtain essential medical services. May be provided under limited circumstances with prior authorization of the DSS Medical Services Unit. **Call 364-3053.**

## **Inpatient Residential Services/Programs –**

**Rockland County Department of Hospitals Alzheimer’s Disease and Related Dementia Unit (ARD)** is a special care nursing home unit for those who are medically stable, diagnosed with Alzheimer’s disease and/or related dementia and are ambulatory. It is a restraint-free environment with enhanced security. Patient may have wandering behavior but must be able to benefit from the therapeutic programs. Private pay, insurance or Medicaid accepted. **Call 364-2771.**

**Assisted Living Program** is a New York State Department of Health approved residence that provides care between that provided in an Adult Home and that provided in a Skilled Nursing Facility. Perspective Medicaid consumers are reviewed for their medical, social and psychological appropriateness for placement in these facilities. A combination of Medicaid, Social Security, SSI, other benefits or private funds pay for this program. **Call 364-3557.**

**Rockland County Department of Social Service Foster Care Home for Adults Program** provides supervision, three meals per day and snacks, medication monitoring and other services in a certified provider home. Alzheimer’s patients who can live successfully with a family might be eligible for this program. Social Security, other benefits or private funds pay for the program. **Call 364-3561.**

\*\*\*\*\*

**Rockland County Department of Social Services administers Medical Assistance (Medicaid)**, which provides payment for medical services and supplies to individuals with income and resources insufficient to meet the cost of necessary medical care and are within financial eligibility ceilings. Different income and resource standards apply by program. Individuals with incomes higher than eligibility ceilings may “spend-down” to eligibility levels when medical costs are more than excess income. A family member or other authorized representative may apply for Medical Assistance on behalf of an elderly or incapacitated adult. **Call Medicaid at 364-3040.**

\*\*\*\*\*

For additional information please visit the Alzheimer’s Association website at [www.Alz.org](http://www.Alz.org) or call the Office for the Aging **Senior Care Helpline** at **(845) 364-3444.**